



Doyin Richards

Topics

Culture and Society, Inspirational Speakers, Motivational Speakers

Travels From

California

Bio

Doyin Richards is a dynamic keynote speaker who inspires men to be open about mental health, end the "man up" culture, embrace diversity & inclusion (not just "tolerate" it), and be the best dads/parenting partners they can be. Ignoring mental health is a problem. It impacts our homes, schools, businesses, relationships, and (obviously) sanity — but do we recognize the signs of this problem? Are we doing enough on the front-end to prevent a mental health crisis from happening? As a keynote speaker, consultant, and workshop facilitator, Doyin provides tangible, actionable solutions that provide results for his clients all over America. Cisco, LexisNexis, PwC, and Facebook are a few of the companies where he recently delivered a keynote address. Mainstream media values his message as he's often called on to make appearances for NPR and HLN, and has been interviewed by the *TODAY Show*, *ABC News*, *Essence Magazine*, *Cosmopolitan*, *USA Today*, CNN, *Parents Magazine*, Yahoo!, T.D. Jakes, the *New York Times*, *Sunrise Australia*, and more. His message isn't just for adults. Doyin authored two picture books for children published by Feiwel & Friends. The first was *I Wonder* that recognizes the

insecurities many new fathers have while raising their children but also celebrates the fact that dads are never insecure when it comes to the love they have for their kiddos. His latest picture book, *What's the Difference?* tackles the tough topic of introducing kids to positive race-relations without raising them to be "colorblind." It was the #1 New Release in the ultra-competitive children's "Explore The World" category on Amazon. Through his books, keynote speeches, workshops, media appearances, and his new "Just Stick To Parenting" podcast, Doyin regularly demonstrates that he is a leader in the fields of mental health, diversity & inclusion, healthy masculinity, and fatherhood.

SPEECHES

“All Lives Matter” and Other Things You Shouldn’t Say to Black People In case you haven’t paid attention, race relations aren’t great in America right now. In order for companies to thrive, it’s important to have open conversations about race so employees can feel comfortable in the workplace. It can’t be brushed under the rug or ignored any longer. This talk will explain why “all lives matter” is offensive to many black people and also discuss the actions we should take to bridge the racial divide.

Meet the Secret Weapon to Improving Fatherhood: Moms Do you know of dads who are crushing it for their families and you want to ensure they stay motivated? Do you know of dads who believe their only responsibility to their families is to bring home a paycheck, and you want to prove them wrong? This talk will explain the immense power moms have to ensure dads reach their full potential as parents and partners by outlining the three types of fathers and how to overcome their specific challenges.

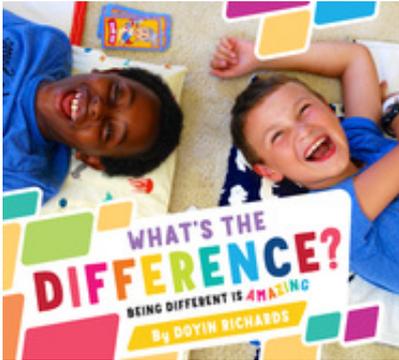
Man Up and Get Rid of Toxic Masculinity Once and for All Violence against women, misogyny, rape culture, and pay inequality are a few of many issues modern women must encounter on a daily basis. Women have been shouting about this from the rooftops for years, but it’s time for men to show that we’re willing to be allies in the fight against toxic masculinity. This talk will address these issues from a male perspective and illustrate how the quickest way to solve these problems is to have men join women in the fight for equality.

Black Dads Know What’s Up Society has a skewed view of what it means to be a black dad. Not only are we viewed as clueless, but we’re disinterested in raising our kids as well. Yeah, that’s completely wrong. This talk will address the stereotypes, show why they are inaccurate by illustrating how engaged we truly are, and inspire the black community to write our own narrative in terms of what it means to be a good, modern dad in America.

BOOKS

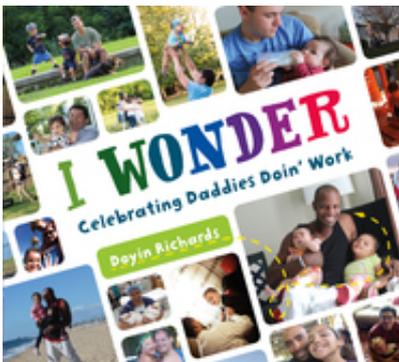
[What's the Difference?](#) Being Different Is Amazing

Feiwei & Friends



HARDCOVER

What's the difference if she has light skin and yours is a little darker? All that matters is the artwork you create together is as colorful as possible . . . As he did in *I Wonder*, Upworthy.com and Today Show parenting expert parenting guru Doyin Richards tackles a timely and universal subject—diversity and acceptance—and distills it for the youngest readers. Because what matters most is not our differences, but what we do together as friends, as families, as colleagues, as citizens. Perfect for sharing as a family or in the classroom, *What's the Difference?* should find a place in homes and in hearts.



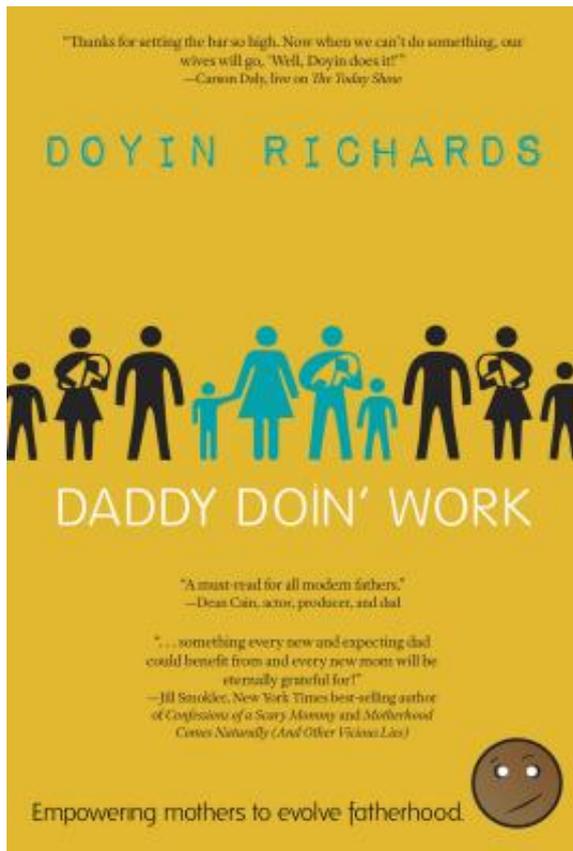
HARDCOVER

[I Wonder](#) Celebrating Daddies Doin' Work

Feiweil & Friends

Perfect for Father's Day or all year round! What do daddies do with their children? They style hair, they carpool, they cuddle (after they look under beds for monsters). They play, they motivate, and they comfort. Dads may sometimes wonder if they're doing a good job. But one thing they're sure of is that they love every moment with their children.

[Daddy Doin' Work](#) Empowering Mothers to Evolve



Fatherhood

Jolly Fish Press

Doyin Richards' adventures in fatherhood have been documented on his blog, "Daddy Doin' Work." With this book, he answers questions about fatherhood that many women want to know in his no-nonsense, entertaining style.

PAPERBACK

REVIEWS: "Gone are the days of dads bragging about never having changed a diaper, and fathers don't seem to miss that era one bit. HuffPost and Daddy Doin' Work blogger Doyin Richards showed us what fatherhood is truly like, proving to us this year that dads are just as comfortable slinging swaddles, getting pedicures and snuggling as they are suiting up for corporate America."

-The Huffington Post

Praise for I Wonder "Writing in the voice of a parent expressing his hopes for his child, author and Daddy Doin' Work blogger Richards strikes an affecting balance between insecurity and strength. Photographs—collected from Richards's Instagram followers—show a diverse range of fathers and children spending time together: snowboarding, cooking, swimming, and even providing a patient potty-training audience. 'I wonder if you think I'm being too hard on you when I tell you to never give up,' reads a typical entry. 'I do it because I know you have the toughness within you to do anything.' Dads (and kids) of all types should find Richards's message deeply reassuring and relatable."

-Publishers Weekly, STARRED REVIEW

"Well-known blogger and speaker Richards turns his attention to the picture-book set with this photo-heavy title about fathers and their children. Big, full-color photos show dads of all shapes, sizes, and ethnicities playing with their kids; helping them get dressed or use the potty; and providing a helping hand on the playground, in the kitchen, or in the pool. Accompanying each photo is a sweet first-person

statement, many of which express questions about fatherhood: 'I wonder if you enjoy seeing me work my magic in the kitchen' or 'I wonder if you're scared when I ask you to try new things.' The emphasis on dads being active, involved parents is refreshing."

-Booklist