



George M. Johnson

Topics

Activism and Social Justice, Culture and Society, Health and Wellness, Journalism, LGBTQIA+

Travels From

New York

Bio

George M. Johnson is an award-winning black queer writer, author, and speaker located in the New York City area. ? George is a columnist for *Afropunk* and has written for major and niche media outlets like *Teen Vogue*, *Entertainment Tonight*, *NBC*, *The Root*, *BuzzFeed*, *Essence*, *Ebony*, *THEM*, and *The Grio*. He writes on topics ranging from race, gender, sex, HIV, intersectionality, politics, culture, health and pop culture, and is never afraid to "go there" and ask the tough questions. George has also been seen on *Politics Nation with Al Sharpton* on MSNBC, BuzzFeed's *AM2DM*, *The Grapevine*, and *PBS Nightly News*. He has given keynotes at Dartmouth and Virginia State University Lavender Graduation. George also moderates and speaks on many panels throughout the year, including major clients like Gilead Pharmaceuticals, Human Rights Campaign, Proctor and Gamble, and various colleges and universities. His debut young adult memoir, *All Boys Aren't Blue*, will be released April 2020, discussing his adolescence growing up as a young Black Queer boy in New Jersey through a series of powerful essays. On social media, he has an impressive presence, with nearly 50,000 engaged Twitter

followers. He is also a proud HBCU alum twice over and a member of Alpha Phi Alpha Fraternity Incorporated. George is an HIV and LGBTQ activist, serving as Chair of the Black Leadership AIDS Crisis Coalition for Black Gay Men for AIDS Healthcare Foundation, and being called upon to discuss various issues facing the LGBTQ community from civil rights leaders to politicians.

SPEECHES

LGBTQ Issues and Politics Discusses LGBTQ policy and law on a macro level and how these decisions play out in community based on different intersections of race and identity.

HIV Prevention and Treatment Discusses the history of the HIV epidemic, personal story telling of his own diagnosis, and how the epidemic has changed with the use of TASP (Treatment as Prevention) and PrEP at race and identity intersections.

Toxic Masculinity Discusses how toxic masculinity plays a role in misogyny, homophobia and violence in the Black community.

Black Queerness Discusses Black LGBTQ issues and how race plays a role in the double/triple oppression of people who are Black and Queer.

Stigma and Cultural Competency in healthcare Discusses how healthcare distrust has created barriers and stigmas to Black Americans navigating the healthcare system and how healthcare providers need cultural awareness to change this.

BOOKS



HARDCOVER

[All Boys Aren't Blue](#) A Memoir-Manifesto

Farrar, Straus and Giroux (BYR)

In a series of personal essays, prominent journalist and LGBTQIA+ activist George M. Johnson explores his childhood, adolescence, and college years in New Jersey and Virginia.



Dr. Taz Bhatia

Topics

Food & Wine, Health and Wellness, Lifestyle, Women's Interests

Travels From

Georgia

Bio

Dr. Taz Bhatia is a board-certified integrative medicine physician and founder of CentreSpringMD in Atlanta who gained national recognition as a best-selling author of the books *What Doctors Eat*, *The 21 Day Belly Fix*, and the *New York Times*-reviewed *Super Woman Rx*. Dr. Taz has spoken about the future of women's health at several events, including In Goop Health, Google Talks and a TEDx event in New York City discussing "The Science of the Female Brain" and linking the genetics of empowerment to the health of women today. Her integration of Eastern medical wisdom with modern science, along with

her unique Power Type discovery, has led to featured segments on *The Today Show*, *Dr. Oz*, *Live with Kelly & Ryan* and eventually her own PBS special *Super Woman Rx with Dr. Taz*, the first PBS special to individualize a woman's health needs through power typing. She also wrote a chapter in Gwyneth Paltrow's new clean eating book, *The Clean Plate*, all about detoxing. She is the host of Radio MD's *The Dr. Taz Show: Super Woman Wellness* podcast, which garners 50,000 monthly downloads. Dubbed "a superwoman in her own right," Dr. Taz is committed to empowering women to radically transform their lives through personalized lifestyle, diet, exercise, self-care and relationship strategies to help them rediscover their own "superpowers."

SPEECHES

The Modern Epidemic - Super Woman Syndrome: The Costs and Benefits of Being a Woman Today Modern womanhood often means juggling multiple roles—businesswoman, mother, spouse, homemaker and more—all while being expected to look perfectly composed. In other words, it means being superhuman! Overwhelmed and exhausted, many women find themselves falling into unhealthy eating habits, with no time for exercise or self-care. Dr. Taz addresses these challenges and unveils the key to beating this syndrome: powertyping. Powertyping reveals the secrets for lasting health, finding your perfect weight and increasing energy and passion.

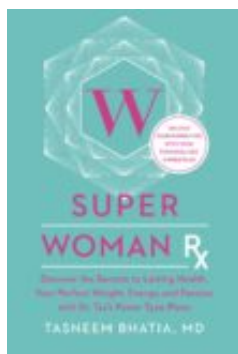
The Science of Empowerment At a time when the paradigm of femininity and female power is being redefined, linking the genetics of empowerment to the health of women today is crucial! Dr. Taz reveals the science behind women's empowerment by sharing insights on the female brain, psyche, hormones and DNA. By understanding what's behind decisions and actions, the next generation of change-makers can learn how to build self-confidence, improve self-image, boost will power and cultivate self-awareness - the prescription to transform the world.

Journey to Joy: Finding Your Power and Charting Your Path The path to happiness isn't one size fits all. You need to have a plan so you can continue down the path with enthusiasm and longevity instead of crashing and burning periodically. Dr. Taz is on a mission is to empower men and women to find their super powers, restore their health and wellbeing, and embrace their purpose and gifts.

East West Medicine and the Future of Health Merging all systems of medicine is the future of medicine. It is how medicine should be. Dr. Taz has merged and integrated the BEST ideas from Eastern and Western medicine to create effective treatment and lifestyle plans. After 25 years of education in multiple systems of medicine and experience in treating over 10,000 patients, Dr. Taz shares everything you need to know to reach peak energy, balance, health, and happiness.

BOOKS

[Super Woman Rx](#) Unlock the Secrets to Lasting



HARDCOVER

Health, Your Perfect Weight, Energy, and Passion
with Dr. Taz's Power Type Plans

Rodale Books

Dr. Taz sets out to treat “super woman syndrome” by offering five prescriptive plans based on a woman’s unique blueprint, or Power Type, whether you’re a Boss Lady, a Savvy Chick, an Earth Mama, a Gypsy Girl, or a Nightingale.